

sunday

guide

News you can use

MALE DOMAIN

By Hadi An

hadi@spn.com.sg

THIS is something I know — a man's complexion can make or break him.

The problem is most men don't know how to take care of their skin. So they develop various skin

problems, including acne.

Being ignorant myself, I decided to go for my first facial at Face of Man's new spa in Ang Mo Kio.

It is the chain's fourth branch since it was established in 1992.

Stepping into the spa, I felt cocooned.

The glass wall, while not entirely sound-proof, muted the sounds of heavy traffic from the road nearby.

RELAXING

The soft lighting and soothing New Age music were relaxing.

Waiting was a pleasure.

The spa's streamlined design, along with its earthy and neutral colours, gave it a clean, masculine feel.

It had no floral or girly decor.

It was a man's domain.

The spa emphasises on personalised service. Each customer's record is carefully maintained.

Therapists provide tips on maintaining healthy skin.

First-timers have it good at Face of Man.

Each new customer gets a skin analysis.

He is then given a report card on the next visit.

I tried the purifying treatment, a facial popular with first-timers.

The therapist started by applying a lotion to clean my face.

It had a cooling effect, the feeling you get when you stick your face into a fridge.

A facial massage followed.

It was so good that I almost dozed.

At the end of the session, my skin felt firmer, cleaner and noticeably less oily.

OWN PRODUCTS

Face of Man produces its own range of skincare products.

These vary from cleansers to acne serums and eye collagen.

The most popular is the purifying cleanser, which costs \$45.

Like the rest of the products, it comes in a non-slip bottle and has a fuss-free cap for easy application.

I was impressed by Face of Man's simple, straightforward and sincere service.

Men indulging in spas will feel comfortable here.

Picture: CHUA PUAY HOE

FYI

Face of Man Skin & Bodycare
728 Ang Mo Kio Ave 6,
#01-4214.
For enquiries or appointments, call 6456 0900.

This festive season, all first-timers enjoy any of Face of Man's skincare services for only \$35.

The promotion is valid till 31 Jan.

