

## In The Hotspot

# Measures of a man

Want to pamper yourself but don't know where to go? Our plucky reporters Janus Goh, Chew Changhui and Derrick Ho put their faces on the line to give you the low-down on grooming for males



## BROWHAUS

**What:** Perfect Brows (\$50), a treatment where eyebrows are shaped based on the individual's facial features. This is done by waxing off excess brow hair and then tweezing the brows using a unique 'snap and tear' method. Brows can also be tinted to match your hair.

**Where:** The Cathay, 2 Handy Road #02-13, Tel: 6732 9819

Other outlets at Paragon and Wheelock Place.

**Opening hours:** 10 am to 9 pm (Mon to Sat)  
10 am to 7 pm (Sun and Public Holidays)

**Service quality:** Expect a warm welcome from the practitioner who will explain how your eyebrows will be trimmed. The process lasts 30 minutes. There is a lot of privacy as patrons get individual dressing spaces.

**Ambience:** The earth tones, white lighting and black uniforms are soothing to the eye.

**Other available services:** If you only need minor tweaks to your brows, try Brow Construction using either the traditional threading (\$15) or tweezing method (\$18). For those who have dyed hair, Browgraphy lightens or darkens your brows to match your hair color. This comes with a shaping treatment with your choice of threading (\$38) or tweezing (\$40).

**Overall experience:** Like most of my male friends, I used to dismiss eyebrow grooming as a girls-only treatment. But I'm pleased with my neater eyebrows now.

**Tips for the men:** The brows grow back after three weeks, after which you should schedule your next session. - Janus Goh

For the month of September, all male NTU students will enjoy a 50 per cent discount off the Perfect Brows treatment when they produce their matriculation card at BROWHAUS Cathay.

## Bioskin

**Where:** Wheelock Place, #05-13/14, Tel: 6733 6301

Other outlets at City Hall, Tanjong Pagar, Suntec City, Marine Parade and Toa Payoh.

**Opening hours:** 10.30 am to 9.30 pm (Weekdays)

10 am to 7 pm (Sat, Sun and Public Holidays)

**Service quality:** Clients go through a consultation session to shortlist suitable treatments for their face. The aesthetician was conversational, which put me at ease. There are even free drinks, a television and a computer in the waiting area.

**Ambience:** The earth-toned colour scheme, indoor fountains and faux greenery create a "back-to-nature" look gave the shop a relaxing feel.

**Other available services:** Facials (\$88 for trial, usual price at \$220), full body massages (\$45), eyebrow shaping (\$20) and eyelash perming (\$50).

**Overall experience:** I enjoyed the 30 minutes session. The process made my skin smoother without causing my skin to turn red.

**Tips for the men:** Only try this if you do not have an acne outbreak, as it would irritate the skin. This service is useful for guys who want an extra glow for your special date. - Chew Changhui



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## FM Skin Care

**What:** Microdermabrasion and extraction (\$120). The treatment reduces acne scars and fine lines on the face by cleansing, removal of dead skin and extraction of blackheads. This comes with a medicated clear mask, a neck and shoulder massage and face toning.

**Where:** International Building #01-13, Tel: 67327577

Other outlets at Ang Mo Kio, Roxy Square and The Adelphi.

**Opening hours:** 11 am to 9 pm daily (except Public Holidays)

**Service quality:** My aesthetician explained the procedures at each stage of the treatment. She even stopped a few times to ask if I was okay during the process.

**Ambience:** The place can come across as rather clinical, although designed in a contemporary manner.

**Other available services:** If you have acne, go for the purifying treatment (\$42). This involves a facial scrub and application of a clay mask. There is also eyebrow trimming (\$24) and electro-touch mole removal (\$30).

**Overall experience:** I did not feel too uncomfortable stepping into the shop because there were already two men in their 20s when I arrived. However, I did feel pain when my blackheads were extracted.

**Tips for the men:** Bear with the pain. The result is worth it. - Derrick Ho

